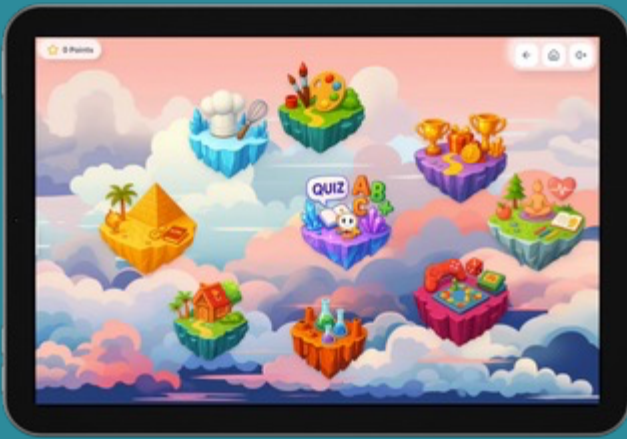


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The Good Egg Book Study - K-2

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KIND TO OTHERS, KIND TO YOURSELF





CALM CHOICES SORT

Cut out the cards. Place each choice where it belongs.

CALMS ME

HELPS OTHERS

BOTH



PREVIEW



**BREATHE
SLOWLY**



**REST
QUIETLY**



STRETCH



**DRINK
WATER**



LISTEN



**SHARE
A JOB**



**ASK FOR
HELP**



**ENCOURAGE
A FRIEND**



**TAKE
TURNS**



**TIDY
TOGETHER**



**SAY NO
KINDLY**

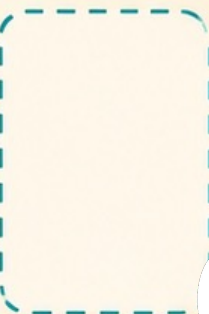


**TELL A
TRUSTED
ADULT**



STORY TRAIL

Build an egg adventure as you move.



START

2

CHARACTER

3

4

5

7

SETTING

8

9

PROBLEM

10

11

12

ACTION

13

14

15

16

SOLUTION

17

18

FINISH

Preview

**Name a
kind trait.**



**Describe
a calm setting.**



**Create
a noisy problem.**



**Show a
worried feeling.**



**Add a
helpful friend.**



**Choose
a brave action.**



**Add a
sight detail.**



**Add a
sound detail.**



**Make the
problem grow.**



**Choose a
fair solution.**



**Share the
story message.**



**Tell
the ending.**



CHARACTER CHANGE DETECTIVE

Use clues to show how a character changes.

Name: _____

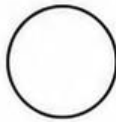


FOUNDATION

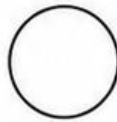


Circle two words that match the character near the start.

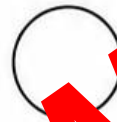
WORRIED



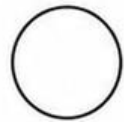
TIRED



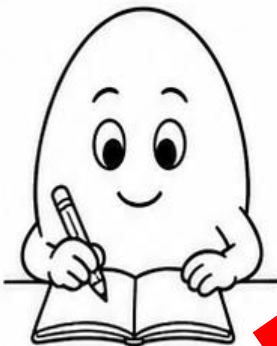
CALM



SILLY



YEAR 1



Finish the sentences.

At the start, the character feels _____.

At the end, the character feels _____.

YEAR 2



Tick the choice that shows healthy balance.

☐

Fix every problem alone.

☐

Rest and ask for help.

☐

Ignore everyone.

Explain your choice:

CHARACTER CHANGE DETECTIVE

Use clues to show how a character changes.



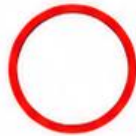
ANSWERS: _____

FOUNDATION



Circle two words that match the character near the start.

WORRIED



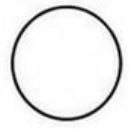
TIRED



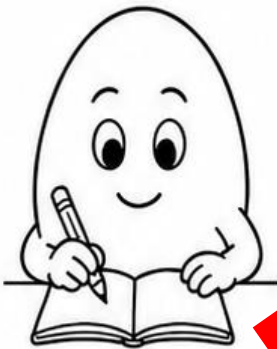
CALM



SILLY



YEAR 1



Finish the sentences.

At the start, the character feels worried and tired.

At the end, the character feels calm and ready.

YEAR 2



Tick the choice that shows healthy balance.

☐

Fix every problem alone.



Rest and ask for help.

☐

Ignore everyone.

Explain your choice:

Resting and asking for help lets the character return with balance.

MESSAGE MATCH

Find the big idea behind the story.

Name: _____

FOUNDATION

Tick two ideas the story teaches.

- ☐ Care for yourself.
- ☐ Be perfect.
- ☐ Help others kindly.
- ☐ Fix every problem alone.



YEAR 1

Complete the message.

Being good can mean being _____ and
taking time to _____.



Word bank: KIND REST CONTROL PERFECT

YEAR 2

Why can self-care help you care for others?

MESSAGE MATCH

Find the big idea behind the story.

ANSWERS

FOUNDATION

Tick two ideas the story teaches.

- ☒ Care for yourself.
- ☐ Be perfect.
- ☒ Help others kindly.
- ☐ Fix every problem alone.



YEAR 1

Complete the message.

Being good can mean being **kind** and taking time to **rest**.



Word bank: KIND REST CONTROL PERFECT

YEAR 2

Why can self-care help you care for others?

Self-care helps you feel calm and ready to help others with kindness. —

PROBLEM, PRESSURE, SOLUTION

Track how conflict moves the story.

Name: _____

FOUNDATION

Match each story part to the right clue.



PROBLEM

rest and ask for help



FEELING

too much noise and mess



SOLUTION

worried and tired

YEAR 1

Complete the conflict chain.

The problem is _____.

It grows when _____.

The solution is _____.

Word bank: noise and mess continue one character tries to fix everything the character rests and asks for help

YEAR 2

How does the conflict help the character change?

PROBLEM, PRESSURE, SOLUTION

Track how conflict moves the story.

ANSWERS

FOUNDATION

Match each story part to the right clue.



PROBLEM

1

3 rest and ask for help



FEELING

2

1 too much noise and mess



SOLUTION

3

2 worried and tired

YEAR 1

Complete the conflict chain.

The problem is too much noise and mess.

It grows when the character tries to fix everything.

The solution is resting and asking for help.

Word bank: noise and mess continue one character tries to fix everything the character rests and asks for help

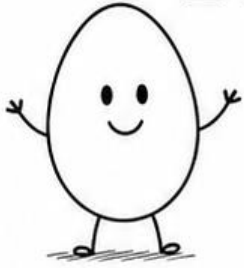
YEAR 2

How does the conflict help the character change?

–The conflict-shows-that fixing everything alone creates pressure.

Rest and support help the character find balance.

EGG-PRESSIVE DESCRIPTIONS



Use precise words and sensory details.



Name: _____



FOUNDATION

Circle the words that describe a peaceful moment.



CALM

NOISY

GENTLE

WILD

YEAR 1

Choose two words from the word bank to complete the sentence.

The _____ kitchen felt _____.

Word bank:

MESSY

STICKY

QUIET

BRIGHT



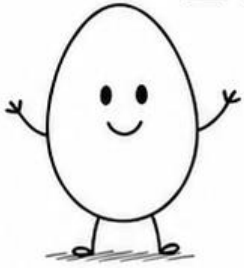
YEAR 2

Rewrite the sentence with one sight detail and one sound detail.

The eggs ran.



EGG-PRESSIVE DESCRIPTIONS



Use precise words and sensory details.



Name: _____ **ANSWERS** _____



FOUNDATION

Circle the words that describe a peaceful moment.



YEAR 1

Choose two words from the word bank to complete the sentence.

The MESSY kitchen felt STICKY.

Word bank:

MESSY

STICKY

QUIET

BRIGHT



YEAR 2

Rewrite the sentence with one sight detail and one sound detail.

The eggs ran.



The colourful eggs raced past the tipped bowls while
dishes clattered loudly.

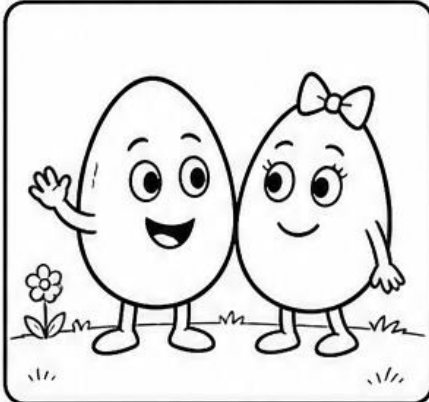
STORY SEQUENCE

Put the important events in order.

Name: _____

FOUNDATION

Number the pictures 1-3.



YEAR 1

Complete the sequence.

Beginning

Middle

End

Word bank:

tries to fix everything | takes a break | returns with balance

YEAR 2

How does the ending solve the problem?



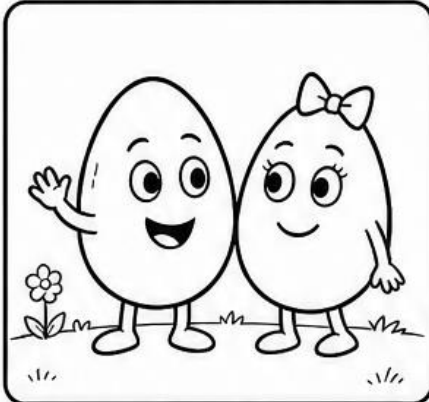
STORY SEQUENCE

Put the important events in order.

Name: **ANSWERS**

FOUNDATION

Number the pictures 1-3.



3



1



2

YEAR 1

Complete the sequence.

Beginning

tries to fix
everything

Middle

takes a break

End

returns with
balance

Word bank:

tries to fix everything | takes a break | returns with balance

YEAR 2

How does the ending solve the problem?

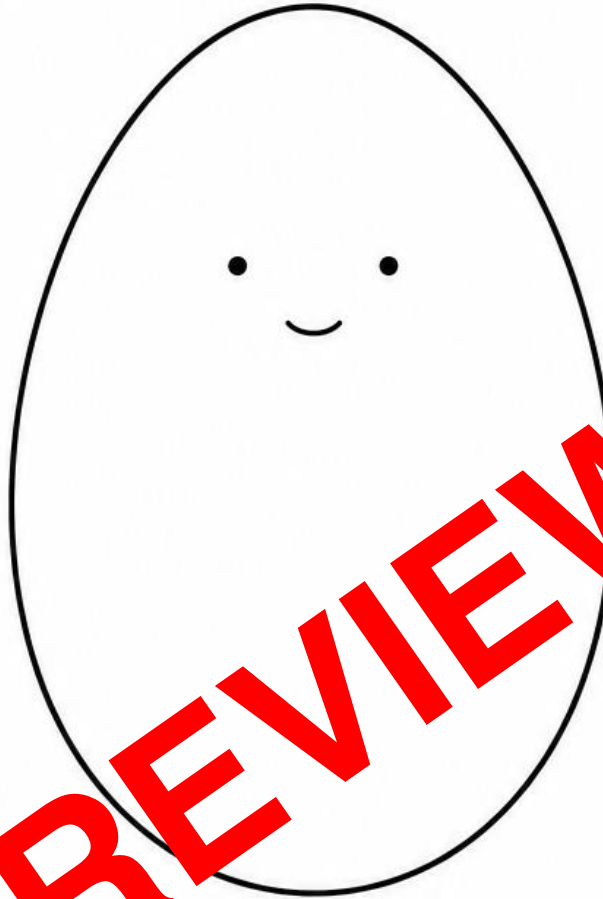
The character returns calmer,
accepts support and stops trying
to fix everything alone.



MY EGG CHARACTER

Invent an original character.

Name: _____



Character's name: _____

Three character traits:

1. _____ 2. _____ 3. _____

Favourite activity: _____

Where does the character live?

☐

busy kitchen

☐

quiet garden

☐

magical place

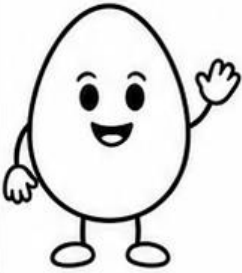
My character is special because:

PLAN THE ADVENTURE

Build a clear beginning, middle and ending.

Name: _____

BEGINNING





PROBLEM





EVENT 1





EVENT 2





SOLUTION





MESSAGE



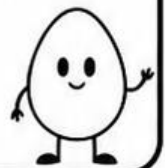
PREVIEW

WRITE THE ADVENTURE

Use your plan to write a beginning, middle and ending.

Name: _____

ILLUSTRATION



BEGINNING



MIDDLE



ENDING

PREVIEW

BOOK STUDY ASSESSMENT

FOUNDATION – YEAR 1

Name: _____

1. CHARACTER TRAITS

Circle two words that fit the main character.

HELPFUL

NOISY

CARING

SELFISH

2. STORY MESSAGE

Tick the best message.

☐

Care for yourself and others.

☐

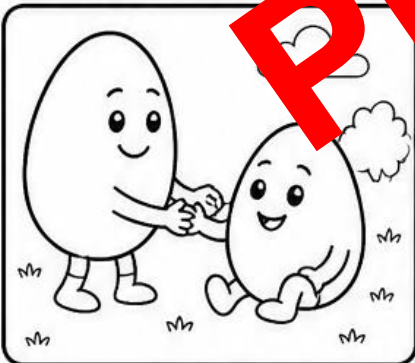
Be perfect.

☐

Fix every problem alone.

3. STORY ORDER

Number the pictures.



4. DESCRIBING WORDS

Complete the sentence with two words.

The _____ kitchen was _____.

Word bank: MESSY | QUIET | STICKY | GENTLE

BOOK STUDY ASSESSMENT

FOUNDATION – YEAR 1

Name: _____

ANSWERS

1. CHARACTER TRAITS

Circle two words that fit the main character.

HELPFUL

NOISY

CARING

SELFISH

2. STORY MESSAGE

Tick the best message.



Care for yourself and others.



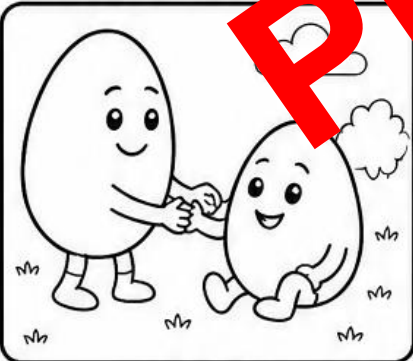
Be perfect.



Fix every problem alone.

3. STORY ORDER

Number the pictures.



3



2



1

4. DESCRIBING WORDS

Complete the sentence with two words.

The **MESSY** kitchen was **STICKY**.

Word bank: MESSY | QUIET | STICKY | GENTLE

BOOK STUDY ASSESSMENT

YEAR 2

Name: _____



1. Explain one way the main character changes.



2. What is the central conflict?



3. State the story message and give one piece of evidence.



4. Rewrite this sentence with a sight detail and a sound detail.

The room was messy.



5. Plan a new sequel.

New problem: _____

Sensible solution: _____

BOOK STUDY ASSESSMENT

YEAR 2

Name: **ANSWERS** _____



1. Explain one way the main character changes.

At first, the character tries to fix everything. Later, the character rests and accepts help.



2. What is the central conflict?

The character feels pressure from the mess and noise while trying to solve every problem alone.



3. State the story message and give one piece of evidence.

Message: Care for yourself so you can care for others.

Evidence: The character rests, then returns ready to help.



4. Rewrite this sentence with a sight detail and a sound detail.

The room was messy.

Cracked shells covered the floor while bowls clattered across the noisy room.



5. Plan a new sequel.

New problem: A friend takes on too many jobs.

Sensible solution: They share the tasks and take a break.

THE GOOD EGG BOOK STUDY RUBRIC

Name: _____

Date: _____

CRITERIA	BEGINNING	DEVELOPING	ACHIEVING	CONFIDENT	EXCEEDING
Character understanding	Names a character.	Gives one trait.	Explains a change.	Supports an change.	Gives detailed insight.
Theme and message	Names an idea.	States a message.	Explains the message.	Adds story evidence.	Connects ideas deeply.
Conflict and solution	Names a problem.	Names a solution.	Links problem and solution.	Explains the link.	Evaluates the solution.
Descriptive language	Uses a simple word.	Adds one detail.	Uses sight and sound.	Chooses precise details.	Creates vivid imagery.
Narrative creation	Shares one idea.	Plans some events.	Writes a clear sequence.	Develops a strong story.	Crafts an engaging story.

Teacher comment: _____

The Good and Beautiful Book Study





Our learning journey

- Character: emotions, words and feelings
- Conflict: the important problem
- Message: the idea we carry away
- Description: precise and sensory words
- Narrative: a clear story sequence





Meet the character

The main character is caring and responsible.

Helping other characters deeply.

Trying to manage everything alone creates pressure.



Character clues



Look for evidence

- Actions show what a character does.
- Words reveal thoughts and choices.
- Feelings help us notice change.



At the beginning



The character tries to solve every problem.

Helpful actions become overwhelming.

Worried and tired feelings are important clues.



A character can change



Change is shown through new choices:

- Pause and rest
- Reflect on feelings
- Set healthy boundaries
- Accept support





What is conflict?

Conflict is the important problem that drives a story.
It creates tension, shapes choices, and gives the character something to solve.





When pressure grows

Mess, noise and responsibility keep building.

The character tries harder and feels worse.

Readers can see that working alone is not a healthy solution.





From problem to solution

PROBLEM: pressure and too much responsibility

PAUSE: stop, draw, and notice feelings

SUPPORT: ask for help and set a boundary

SOLUTION: return calmer and ready





What is a story message?

A story message is the idea readers can find beyond the events.
We infer it from the character's choices, changes and consequences.



Caring for yourself



Caring for yourself helps you care for others.

Rest is responsible, not selfish.

Balanced choices make kindness sustainable.





Good does not mean perfect.

A good person can make mistakes, feel overwhelmed and need help.

Perfection is not the goal.

Honest reflection and healthy choices matter.



Describing characters



Choose precise adjectives:

...aring and responsible

...orried and tired

...calm and balanced

Strong words show personality and feeling.





Sensory details

Plain: The room was messy.

Sight: colorful eggs and tipped bowls

Sound: dishes clattered loudly

Sensory details help readers picture the scene.



Narrative structure



CHARACTER & SETTING

PROBLEM

EVENTS AND CHOICES

RESOLUTION

MESSAGE





Plan an original egg adventure

Invent a new character and setting.

Give the character a meaningful problem.

Plan two events, a sensible solution and a clear message.





Turn and talk review

Explain one character change.

State one story message and the evidence for it.

Share one vivid detail using sight or sound.





Well Done!



PREVIEW

The Good Egg Book Study Quiz





Question 1 - Character Trait

Which trait is best shown when a character helps others?

- A. caring
- B. selfish
- C. careless
- D. impatient





Answer 1

Correct answer: A. Caring
Helping others is evidence of a caring trait.





Question 2 - True or false

Trying to solve every problem can mean late pressure.

TRUE or FALSE?





Answer 2

Correct answer: TRUE

Too much responsibility can make a character worried and tired.





Question 3 - Short answer

How does the character feel near the beginning?

Use two precise adjectives.





Answer 3

Possible answer: worried and sad
Other supportive adjectives may also be correct.





Question 4 - Conflict

What is the central conflict?

A. A favourite book is missing.

B. Mess and noise grow when the character tries to solve everything alone.

C. The character wants a new hat.

D. The character prepares for a race.





Answer 4

Correct answer

The growing mess, noise and pressure drive the story.





Question 5 - Healthy choices

Name one healthy action that helps solve the problem.





Answer 5

Possible answers: take a break, rest, ask for help or set a healthy boundary.





Question 6 - True or false

The story says a good person must be perfect.

TRUE or FALSE?





Answer 6

Correct answer: FALSE

Being good does not require perfection.





Question 7 - Story messages

Which is the strongest message?

- A. Keep everything from them secret.
- B. If you can, help us for others.
- C. Always work alone.
- D. Good people never need help.





Answer 7

Correct answer

Rest and balance help the character return ready to care.





Question 8 - Sensory Detail

Add one sight detail and one sound detail.

The kitchen was busy.





Answer 8

Example: Colourful eggs rolled past a speed bump while dishes clattered





Question 9 - Narrative order

Which order makes sense?

- A. solution - problem - beginning
- B. beginning - problem - events - solution
- C. events - message - beginning
- D. setting - ending - character





Answer 9

Correct answer:

A clear narrative moves from the beginning through the problem and events to a solution.



Question 10 - Create



Invent a new problem for an existing character.
Then give the character a sensible solution.





Answer 10

Example: A friend takes on too many jobs.

Solution: The friend shares the tasks and takes a break.





Well Done!



PREVIEW